



## District Director's Message

Happy New Year!

We hope all of you had a wonderful time during the holiday season!

By now you have probably read (and maybe re-read??) NY A.D.D. Gary & Donna Cork's excellent article about the 2011 Bi-State Convention in Wing World. This was no easy task. They were required to write the article from a "How-to" perspective, and keep the length under a certain character count. After all the hard work and anxiety that went into the Convention, it's good to see it in print as a success story. I am still not sure about the selection of pictures...after 25 years of facial hair; I get out-mustached by my wife??????

Chapter W is hosting the Ride In on May 19. The location is the Fire Hall in Cheshire, NY which is just west of Canandaigua Lake. If you have not experienced the breath-taking beauty of this area, you need to. If you have, I bet that Chapter W's tour guides will take you on roads you didn't know about. More details will be released in time for the District meeting on Jan. 21.

Chapter N is hosting the Ride Out in the Lake George area on September 21-23.

We encourage the Chapters to make the most of winter by holding extra social functions and planning the schedule for the riding season. Once their event schedule is set, we want every Chapter to add their activities to the Interactive District Calendar on [gwr-ra-ny.org](http://gwr-ra-ny.org). This Calendar is the BEST & EASIEST way to plan your Dash For Cash activities.

Your NY District Team is busy planning both the District meeting and a western NY Training Day. The Training Day will include Rider Ed. and Leadership Training seminars, possibly a CPR/FA class, and some social (read FUN) time. Tentative date is Saturday, March 17. Location will be in Batavia, NY.

The NJ District is busy working on the 2012 Bi-State Convention. We have learned many lessons from the previous 3 Bi-State's, and

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strive to make each one better than the last.

Now we must address a more serious area. Membership is the life-blood of GWRRA. If a member does not feel valued, we risk losing them. This is especially true of those that do not participate in a Chapter. All of our 1400+ members in NY have been assigned to a Chapter, and we count on our CD's, ACD's and/or Chapter MEC's to have some contact with all the members that have been assigned to each Chapter. Pete & Marielle ST-Amour, our District MEC's work hard to send out the monthly membership updates in a format that is easy to use. In order to do their job properly, they need to get feedback from each Chapter about the results of the contacts with the members that are on the monthly report. If a Chapter was not able to contact any of these members during the course of the month, the ST-Amour's still need to know. Thank you in advance for your support!

On the subject of membership, please see the flyer describing the new Find-A-Friend program later in this newsletter.

Your Friends in Fun Safety, and Knowledge,

Paul & Suzette Wood  
GWRRA NY District Directors

## Late Breaking News

[The 2012 Bi-State Convention is Aug 16-18 in Mount Olive, NJ. More details coming soon.](#)

## District Education



### Targets



The following article is taken from December 2011 Motorcycle Consumer News. Written by Mark Barnes, Ph.D. it is the best explanation I have ever seen why we look where we shouldn't while riding or driving. Please take to heart.

“YOU GO WHERE you look.” Every rider-training program points out this horrible and wonderful fact. Depending where a rider's gaze rests, it can mean his doom or his salvation. Intellectually, it ought to be a simple thing to get right. Just train your eyes on the safest path and, as if by magic, your bike will follow it.

Alas, the opposite is just as dependable: Fixate on the hazard you need to avoid, and---as if guided by an unseen evil force---you're precisely on a collision course. Tragically for motorcyclist, we're all hard-wired to do exactly the wrong thing, even when we know better. We have to deliberately practice prying our gaze away from what we fear and pointing it toward the desired route. And if we fail to change this reflexive habit, we'll almost certainly be unable to do the right thing in the heat of the moment, when it's most important.

Back when human beings couldn't go faster than they could run, it was important to automatically place a visual lock on threatening objects. If I'm afraid you're going to swing your club at me, it behooves me to keep an eye on you. Same thing if you're a pouncing, biting, mauling angry beast or the edge of the road surface I don't want to fall off of or run into.

Fear of death or injury concentrates our attention for the purpose of self-preservation, and this fact has worked to our advantage for the vast majority of our history on the planet. It can still be helpful in some situations, but not on a motorcycle---and, it turns out, not in many other areas of life, too. In fact, we're quite capable of working so hard at avoiding death and disaster that what results can hardly be called living at all.

It's not just vision that gets focused by fear, and it's not just death and physical injury that we're afraid of. Emotional pain, financial loss, damage to our reputation, disconnection from loved ones; these and countless other threats can narrow the focus of our imagination, attention and actions in ways that steer us with startling efficiency toward the very calamities we worry might befall us.

I'd bet every reader knows at least a few real-life stories in which one lover's jealousy and possessiveness eventually drove the other lover away. Or take the person who worries about being accepted in social situations. Their vigilance for signs of rejection prompts them to misinterpret ambiguous signals in negative ways, and then react to those distortions with defensive resentment or withdrawal. These are not endearing traits, and the most likely outcome is that the apprehensive person ends up provoking the very rejection they feared.

I'm pretty cynical enough to dismiss claims that positive thinking can take a person anywhere they want to go. We're all limited by multiple factors that have nothing to do with our confidence or optimism; it's simply not true that any child who believes he or she can become president really can do so. That said, it's remarkable how far a hopeful outlook and set of clearly defined goals can actually take us---sometimes if by magic.

Let's look at (pun intended) another metaphor from good riding technique. This one is closely related to target fixation, or perhaps it's just a particular version of it, but I think it deserves attention in its own right.

New riders usually need to be told to lift their gaze away from the ground immediately ahead of them. Left to their own instincts, they scan for problems too close to the front wheel. When something dangerous eventually comes into view, there's not enough time to do much about it. Looking up and focusing further down the road or trail allows a rider to notice potential threats earlier, come up with a good plan, and still have time to maneuver as needed.

When challenged on this, new riders often justify their "shortsightedness" with insistence that they can't see dangers clearly enough when they're further away; they feel they need to be distinctly aware of the exact shape, color, texture and depth of the pothole in order to properly avoid it. Of course, just putting this into words makes the notion's absurdity obvious, but---like so many other

things---it can remain compelling instinct in spite of not make logical sense.

Riders must learn to develop and trust their peripheral vision to supply adequate (albeit not finely detailed) awareness of potential dangers. If I'm trying to negotiate tight traffic, all I really need to know is that a car of some type is easing over into my lane from my right side. I don't need to know it's a 2003 Jeep Grand Cherokee with custom pearly black paint, mismatched OZ wheels, and three small children in the back seat. I need to keep my vision focused on the gap ahead and to my left, where I hope to slip in safely, while retaining just enough awareness of the Jeep to know if it might require additional evasive action.

Real success, as opposed to good luck (including native talent), seems to occur in proportion to the clarity of our vision, that is to say, our targets. It's been shown, for example, that one of the biggest factors in a person's accumulation of wealth is whether or not they had clearly defined financial goals. "I want to be rich" isn't enough. Specific, concrete objectives with equally quantifiable benchmarks for assessing progress along the way---that's what's needed.

*Hmmm...*...not so different from the utility of identifying braking, turning and accelerating markers in the landscape to maximize speed around a racetrack...but back to the metaphor.

It's not that successful people turn a blind eye to danger; they most certainly don't. But they spend much more of their time, energy and attention on details of what they want and how to obtain it. This is not only true in financial matters, but in love, skill mastery, athletic and political competition--- pretty much every human endeavor, as far as I can tell.

Lifting our gaze toward the horizon has another analog: hope for a future we're moving toward. If I have clear goals, but no faith that they're within my reach, why would I make the necessary investments and commitments? One of the hallmarks of depression is the lack of a future orientation; there is only the seemingly interminable misery of the moment.

While I don't think confidence alone is a sufficient preparation for success (how many teenagers are convinced they'll be professional athletes?), it is a necessary one. And while it won't make everyone president, it does enhance our willingness to embrace opportunities in all sorts of areas (allies, education, resources, etc.), and that can have fortunate consequences which defy all odds. (Insert story of unlikely success here; we all know some.)

Since prophecies are so often self-ful-filling, the familiar caution, "Watch where you're going!" should be reworked. What we really want meandering people to do is, "Watch where you want to go!"

Biography;

Dr. Mark Barnes is a Clinical Psychologist. He completed his internship at the Cambridge Hospital of Harvard Medical School and has been in private practice since 1992 in Knoxville, TN. He owns both dirt and street bikes, "cross-trains" on a pair of vintage PWC's, and has written extensively for MCN since 1996.

Your District Educators,  
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## District Membership Enhancement



**FREE Charter fees for the next year!**



Recently National came up with a new program called: Recruitment Contest, it's all about finding new friends, it's at the Chapter, District and Region Level. This recently announced program will start January first and last until December 31 2012; it's an enhance version of the former Find-A-Friend Contest, but with a new twist. If you live here in NY you, already know about Dash for Cash, it's pretty much like this one, here how it works

### **Chapter Recruitment Contest:**

**The top three Chapters in each Region that recruit the highest percent of new memberships in 2012 (based on the green bar report), will win a Find-A-Friend plaque and have**

### **District Contest:**

**The District in each Region that recruits the most new memberships in 2012 will win a Find-A-Friend trophy. All District winners will be featured in an article in Wing World & E-newsletter (Wingin' It). A picture of each District winner will be featured on GWRRA's web page, and each will be recognized and have special seating at Wing Ding.**

### **Region Contest:**

**The Region that recruits the most new memberships in 2012 will win a Find-A-Friend trophy. Region winner will be featured on the cover of Wing World magazine, have an article in Wing World, E-newsletter (Wingin' It) and have a page in the Gold Book. A picture of the Region winner will be featured on GWRRA's web page, and they will be recognized and have special seating at Wing Ding.**

**GWRRA will provide Find-A-Friend hangar tags, Find-A-Friend information recruiting cards, and Find-A-Friend inserts that explain the program to help your recruiting efforts. If you would like recruiting materials, all you have to do is email [customerservice@gwrra.org](mailto:customerservice@gwrra.org) or call Customer Service. They will be more than happy to send these great recruiting tools to you. In addition, you will be able to download the following from our Find-A-Friend website ([www.gwrra.org/FAF.html](http://www.gwrra.org/FAF.html)): website ads, Chapter newsletter ads, printable Find-A-Friend applications, Find-A-Friend hangar tags, Find-A-Friend information recruiting cards and Find-A-Friend inserts that explain the program.**

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### **Other Thought**

I recently reviewed our NY Membership list from January to October 2011 and found during that period only two women have sponsored new Members during that period, their name are Marielle ST-Amour and Linda Waterman. I say Ladies don't always leave it to you male counterpart to have all of the glories', at this rate it will take a very long time to get your name in the GWRRA Hall of Honor

<http://med.gwrra.org/hall/hallofhonor.html>



Our Ladies lots of time do most of the leg work, like talking up our association therefore convincing a potential Member to join our GWRRA family, than why should the credit goes to their husband, it's time for our co-rider to take action , they deserve a break and get your well deserved recognition towards that magic number of 26 sponsored Members, it's the only way to get in the Hall of Honor . Here are a few tips on how to make it happen a little faster.

### **Handle Bar Hangers**

These are available from you Chapter Director, District Director, Membership Coordinator or if you prefer, just call National and they will send you bunch at your door step free of charge.

Is it Riding season yet?

Next time you drive to the grocery store, Dentist, Ice-Cream parlor, social event, Church and notice one or more motorcycle parked in the far end of the lot, just hang one of them handle bar tag on their bike with your GWRRA number written in the sponsored line. It's always a great ideal to have your business card included with brief information on whom to contact and Chapter gathering location.

When this individual sends this card to National, they will send them a free copy of our current Wing World to get him interested. His name will show up in the next monthly update report under (Potential Members), your Chapter Director or Chapter Membership Enhancement Coordinator (MEC) are responsible for sending them an invitation to join activities in your Chapter. If he eventually chose to join our group of friends, you will be credited towards sponsoring a new Member as soon as he or she signed up.

### **Newsletter Articles**

It would be very helpful for individuals to submit your inputs in your Chapter Newsletter, don't always leave it to your Director to give your Chapter sense of direction, especially if you are a Chapter Officer such as Chapter MEC, you have the ability to have more influence your Chapter friends than we have at the District level. So let's start this new year with this resolution in mind and if I could help you in this regard, let me know. We are looking forward to read your inputs next month. After all membership is everyone's business

May this upcoming riding season be the best one ever

Regards.

Pete and Marielle ST-Amour

## **District Training**



"In the beginning".....

A funny thing happened to two GWRRA Chapter members on the way to having fun, wanting to mingle with GWRRA members and learn more about GWRRA. We had been NY Chapter K members since 2003.

Well, it all started when we attended a District Meeting in January 2011. We sat next to the District Trainers, Eileen and Tim Guile, who were talking about future seminars and fun events that were being held in the upcoming months. They asked us if we would like to get involved in the training seminars.

Truthfully, we had no idea what they were talking about but we said yes. We exchanged email addresses so we could follow up on upcoming training seminars.

In the next six months we took the trainings for the “Instructors Development Certification Program” (IDCP) and the “Officers Certification Program” (OCP). What an eye opener. We learned so much and this was just the tip of the iceberg. We joined the District Trainers and other members from other Chapters in Region B on the way down to WingDing33, in Knoxville, Tn. as well as joining them for different gatherings that were sponsored by the WingDing33 Team. There were so many seminars offered which stressed general leadership training as well as tips on rider safety. We took about 10 seminars at Wing Ding33 and had so much fun we could barely sleep, we were afraid we would miss something. We talked about bringing back to our Chapter everything we had learned. We were just like two kids all excited the whole time. In the past we had also taken many Experienced and Advanced, all day riders courses to bring our skills and knowledge to the forefront of our “brains” so we would be prepared in the event of the unexpected. As an example, when a bike went down in front of us that training was a God Send. A well-coordinated swerve automatically saved us from hitting the downed bike and gave room for the bike behind us additional room to stop safely.



Now we were being trained to teach others what we had learned. We could not wait to get back to our Chapter to share what we had learned. We started a Newsletter for our Chapter so that I could reach members of our Chapter that may not have been able to attend a recent meeting.

We enjoyed meeting and sharing with others who enjoyed motorcycling and keeping abreast of new and exciting events. The following months were spent attending the Maine Convention and getting involved (teaching seminars) at the NY/NJ Bi-State Convention. We also joined the Ride Out up in Lake George, NY and were very happy to meet and greet other GWRRA members and the District and Regional teams. Eileen and Tim Guile approached us and asked us if we would be interested in being the NY District Trainers as Eileen and Tim were stepping up to be the new Regional Trainers. I believe they felt our enthusiasm and the fact that we follow through in a timely manner is why they offered us this position. We graciously accepted with the promise that they would be there for guidance. So here we are, your new NY District Trainers for the 2012 year.

We are looking forward to working with all the trainers in New York and if you have any questions please, please call us **516-449-8299** or email us at our email address: Richard Aylward raphco@verizon.net.

Would you like to be a trainer and share what you know with others? Do you want to be informed of all seminars in the District of New York so that you can schedule an attendance date? If we do not know the answer to a question about the seminars and trainings, we will find out as quickly as possible. We want you to know we are here for you. We hope to work with each of you for a better tomorrow of friends for fun, safety and knowledge.

Richard and Claire Aylward  
NY District Trainers

## District Public Relations



Do you believe it we are already into 2012-a year that promises exciting new beginnings as well as Election Year). A favorite saying of mine is “Divine Endings for Divine Beginnings.” I trust NY District had a wonderful and joyous Christmas.

Into the New Year, we welcome the new officers who bring with them a breath of fresh air, new ideas, new thoughts, and new plans and as chapter members please give your new directors your support and input.

Larry Helber is recovering from his recent surgery. We wish him well and a speedy recovery.

I recently received 3 notices of GWRRA members’ crossing over. Shirley Prince of PA-V (Shirley and Mark are the Region B Chapter of the Year Coordinators and PA-V ACD) lost her mother on December 25; Jesse Sammons, SC District Educator passed away on 21 December; and Jackie Thorpe-Hollingsworth wife of Earl Hollingsworth), former COY, from Durham, NC. Although not known by most of us, please keep their families in your thoughts and prayers. We, in the NY District, have also lost members this past year; please keep their familiar in your thoughts and prayers as well.

Please remember the District Meeting at the North Syracuse Fire House in Syracuse on January 21. I will see all of you there. Until then I wish you and yours a very blessed and sacred New Year.

*“Don’t confuse a food processor with a word processor and you’ll never mince your words.”*

*Linda L. Waterman*

*Public Relations Coordinator*





## District COY Coordinators

### Greetings

from the

## NY District Couple of the Year Coordinators

We hope all of you had a wonderful Christmas Season with family and friends. It is now time to start a new year in GWRRA. New York District Chapters may have new directors for 2012. We congratulate these new directors and look forward to meeting them at future GWRRA events.

It is also time to select that couple in your chapter that is worthy of the honor of being **Chapter Couple of the Year**. The Couples program helps to promote attendance and helps recruit new members. Members see the fun and enthusiasm of **your couple** and it becomes contagious! After all, one of the purposes of GWRRA is to **Have Fun with Friends** and the Couples program does just that!

As your District Coordinators we are excited about the new Chapter Couples and look forward to assisting them in anyway we can. District Directors, please send us **the names, addresses, phone numbers and e-mail addresses** of your **new couples**. We want to extend personal congratulations to all of them. It is again our wish for 2012 that all NY Chapters select a "Couple of the Year".

We are off to warmer parts and again are looking forward to having fun with our GWRRA family in many southern states. It is always a pleasure to represent NY District at chapter gatherings, District Conventions or just riding with friends. As our 2012 winter adventure unfolds we will keep you posted as to our whereabouts and all the fun events we encounter.

Please remember... We are here to help the NY chapters and chapter Couples whether it be by answering questions or providing more information on the **Couple of the Year Program**. Please feel free to contact us at [rlkelley@localnet.com](mailto:rlkelley@localnet.com) or call at 716-772-7807 (home), 716-830-9569 (cell).

We wish all of our GWRRA family a

# Very Happy New Year!

Be Safe and Enjoy the Ride!

*Bob & Sandy Kelley*

NY District Couple of the Year Coordinators

## Around the Region



### GWRRA Region B CPR/-FA Trainer

Keith and Elanie Price



### If you do nothing else!

You have come across an accident scene or someone needing emergency medical help, what can you do? If you can do nothing else, call 911 and get hold of the Emergency Medical Service system. But almost as important as calling 911 is the fact that you should call in an effective manner. It sounds simple but it really isn't.

First of all, do not just shout; "Will somebody call 911". If you do that everybody within earshot will assume that someone else will make the call and, as a result, the call will never be made. As the rescuer you should point to a specific person and ask them if they have a cell phone. If the person replies "yes" ask them to call 911 and tell them the specifics about the problem and the patient that they should relay to EMS. The use of a cell phone is preferable to a landline since many new cell phones do have a GPS tracking capability and since a cell phone can be used at the scene, any changes in the condition of the patient can be quickly relayed to EMS.

EMS will need to know your location as accurately as possible. They will ask what street you are on and the nearest cross street. Give them a street address if possible. The more accurate information you can give them, the better. Be careful about route numbers with similar designations. You might have a US Route 90, a State Route 90, a county Route 90, or an Interstate Route 90 all in the same area. Make sure that EMS knows exactly which type of route you're on if that problem could occur. If you are inside a building have someone meet the EMT's in order to guide them to the patient.

What you say to the EMS dispatcher is also important also. They will need to know the number of patients, their condition, and what, if any, care is being given. Do not hang up first. The dispatcher may desire you to stay on the line in order to update them of changes in the condition of the victims or the scene.

But always remember rule #1. If the scene is unsafe, do not try to provide care yourself. Do nothing that might result in you becoming a victim yourself. It may be that the only assistance you can provide is to call 911 and get the professionals on the scene.

Get trained to save lives

Keith Price

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## News from National



### Gold Wing Road Riders Association

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CONTACT: Manny Moreno, Marketing Manager

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[mmoreno@gwrra.org](mailto:mmoreno@gwrra.org) [www.gwrra.org](http://www.gwrra.org)

## Press Release

### GOLD WING ROAD RIDERS ASSOCIATION ANNOUNCES CHAPTER, REGION & DISTRICT RECRUITMENT CONTEST!

Phoenix, AZ (December 1, 2011)—Gold Wing Road Riders Association (GWRRA) announces a Chapter, Region & District contest to coincide with the revamped recruitment program, "FIND-A-FRIEND" with a twist, **NEVER PAY DUES AGAIN!** The contest will begin January 1, 2012 and run through December 31, 2012. It will be open to all Chapters, Regions & Districts of GWRRA. This program is just part of GWRRA's way to help celebrate their 35<sup>th</sup> anniversary (1977-2012).

Here is how the contest works:

#### Chapter Recruitment Contest:

The top three Chapters in each Region that recruit the highest percent of new memberships in 2012 (based on the greenbar report), will win a Find-A-Friend plaque and have FREE Charter fees for the next year!

#### District Contest:

The District in each Region that recruits the most new memberships in 2012 will win a Find-A-Friend trophy. All District winners will be featured in an article in *Wing World* & E-newsletter (*Wingin' It*). A picture of each District winner will be featured on GWRRA's web page, and each will be recognized and have special seating at Wing Ding.

#### Region Contest:

The Region that recruits the most new memberships in 2012 will win a Find-A-Friend trophy. Region winner will be featured on the cover of *Wing World* magazine, have an article in *Wing World*, E-newsletter (*Wingin' It*) and have a page in the Gold Book. A picture of the Region winner will be featured on GWRRA's web page, and they will be recognized and have special seating at Wing Ding.

GWRRA will provide Find-A-Friend hangar tags, Find-A-Friend information recruiting cards, and Find-A-Friend inserts that explain the program to help your recruiting efforts. If you would like recruiting materials, all you have to do is e-mail [customerservice@gwrra.org](mailto:customerservice@gwrra.org) or call Customer Service. They will be more than happy to send these great recruiting tools to you. In addition, you will be able to download the following from our Find-A-Friend website ([www.gwrra.org/FAF.html](http://www.gwrra.org/FAF.html)): website ads, Chapter newsletter ads, printable Find-A-Friend applications, Find-A-Friend hangar tags, Find-A-Friend information recruiting cards and Find-A-Friend inserts that explain the program.

GWRRA, with its motto "*Friends for Fun, Safety and Knowledge*," is a not-for-profit organization with over 72,000 Members in 53 countries, and 4,000 volunteer leaders providing rider education and social structure, along with organizing events, rallies, rides and meetings throughout the year. Visit GWRRA's Web site: [www.gwrra.org](http://www.gwrra.org) or call (800) 843-9460 or (623) 581-2500 (in Phoenix) for more information.

Manny Moreno  
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## Who's Who in GWRRA

### NY District Officers - <http://www.gwrra-ny.org/officers.htm>

District Directors	<a href="#">Paul &amp; Suzette Wood</a>	585-343-8903
Assistant District Directors	<a href="#">Bob &amp; Cathy Turner</a>	631-368-8982
Assistant District Directors	<a href="#">Gary &amp; Donna Cork</a>	518-877-4917
District Treasurer	<a href="#">Kathy DeGross</a>	315-289-1308
District Educators & MFA Coordinators	<a href="#">Al &amp; Emily Stahl</a>	518-587-2420
Assistant District Educators	<a href="#">John &amp; Pam Van Deusen</a>	
District Trainers	<a href="#">Claire and Richie Aylward</a>	516-449-8299
District Couple of the Year Coordinators	<a href="#">Bob &amp; Sandy Kelley</a>	716-772-7807
District Couple of the Year	<a href="#">Tim &amp; Eileen Guile</a>	518-877-8481
District Membership Coordinators	<a href="#">Pete &amp; Marielle St-Amour</a>	518-490-1031
District Public Relations	<a href="#">Linda Waterman</a>	315-224-4144
District Webmaster	<a href="#">Suzette Wood</a>	585-343-8903
District Newsletter Editors	<a href="#">Phil &amp; Tammy Coons</a>	845-758-9088

### Region B Officers - <http://www.gwrra-northeastregion.org/node/41>

TITLE	NAMES	PHONE	E-MAIL
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<b>Region CPR/FA Coordinators</b>	Keith and Elaine Price	(716) 625-9577	<a href="mailto:pricewingk@aol.com">pricewingk@aol.com</a>
<b>Region Couple of the Year Coordinators</b>	Mike & Nancy Mandell	732 751-8522 (H) 732-887-0374 (C)	<a href="mailto:michael@mandellplumbing.com">michael@mandellplumbing.com</a>
<b>Region Chapter of the Year Coordinator</b>	Mike & Shirley Prince	(717) 225-6499	<a href="mailto:rbchoy@gwrrapav.org">rbchoy@gwrrapav.org</a>
<b>Region Couple of the Year (2010-2012)</b>	Kevin & Robin Sedlak	609 618-4178 (K) 609 618-1250 (R)	<a href="mailto:exchiefups100@hotmail.com">exchiefups100@hotmail.com</a> (K) <a href="mailto:thesedlaks@msn.com">thesedlaks@msn.com</a> (R)
<b>Region Trainer</b>	Eileen & Tim Guile	518-877-8481	<a href="mailto:gwrra.b.rt@hotmail.com">gwrra.b.rt@hotmail.com</a>
<b>Region Membership Coordinators</b>	Mike and Nancy Mandell	732 751-8522 (H) 732-887-0374 (C)	<a href="mailto:Michael@mandellplumbing.co">Michael@mandellplumbing.co</a>
<b>Region WebMaster</b>	Clark Clemens	(315) 762-4339	<a href="mailto:cwcleme@twcny.rr.com">cwcleme@twcny.rr.com</a>
<b>Region Area Report List Coordinator</b>	Pete and Marielle St-Amour	518-490-1031	<a href="mailto:monsieur@nycap.rr.com">monsieur@nycap.rr.com</a>
<b>Region Treasurer</b>	Michelle Perry	(607)-624-2627	<a href="mailto:coonkats@yahoo.com">coonkats@yahoo.com</a>
<b>Region Newsletter Editor</b>	Bob and Debbie Anthony	(973) 366-0044	<a href="mailto:Bobanth1@gmail.com">Bobanth1@gmail.com</a>

## National Officers - <http://gwrro.org/nationalofficers.html>

<p><b>Director</b>  <b>Rider Education Director</b>  <b>Leadership Training Director</b>  <b>Member Enhancement Director</b>  <b>Wing World Editor</b>  <b>Global Affairs Director</b>  <b>International Deputy Directors (Regions A,B,D,N)</b>  <b>International Deputy Directors (Regions E,F,H,I)</b></p>	<p><a href="#">Mike Stiger</a>  <a href="#">Tony Van Schaick</a> (Pro Tem)  <a href="#">Paul &amp; Cheryl Brosher</a>  <a href="#">Ed &amp; Linda Johnson</a>  <a href="#">Sharon Stanley</a>  <a href="#">Peter Russell</a>  <a href="#">Jere &amp; Linda Goodman</a>  <a href="#">Dave &amp; Gwen Carter</a></p>
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## NY Chapter Information - <http://www.gwrro-ny.org/chapters.htm>

### Chapter D

<http://gwrro-ny-d.org/>

#### Chapter Directors

[Bill & Julie Spencer](#)  
 Marcellus, NY  
 315-673-2641

#### Assistant Chapter Directors

[Robert & Christine Makai](#)  
 Liverpool, NY  
 315-506-0340

#### Gathering

Euclid Restaurant, upstairs  
 Route 31 & Morgan Rd  
 Clay, NY  
 2nd Wednesday  
 Dinner at 6 pm  
 Gathering at 7 pm

### Chapter F

#### Chapter Directors

[Ronald & Patricia Schroth](#)  
 Breesport, NY  
 607-739-5421

#### Assistant Chapter Directors

[Richard & Lois Brown](#)  
 Burdett, NY  
 607-546-4111

#### Gathering

The Ichabod Restaurant  
 (back of Manos' Diner)  
 357 Elmira Road  
 Ithaca, NY  
 3rd Saturday @ 10:00 am

### Chapter G

<http://www.tiptopwebsite.com/gwrro>

#### Chapter Directors

[Mike & Carol McGinness](#)  
 Ballston Lake, NY  
 518-376-8061

#### Assistant Chapter Directors

[Jerry Deyoe](#)  
 Rensselaer, NY  
 518-465-3051

#### Gathering

Wolf Road Diner  
 219 Wolf Rd  
 Albany, NY  
 Last Wednesday  
 Dinner @ 6 pm  
 Meeting @ 7 pm



**Chapter H**<http://www.highwayhobos.com/>**Chapter Directors**

Keith & Elaine Price  
North Tonawanda, NY  
716-625-9577

**Assistant Chapter Directors**

Bill & Dorothy Hardenbrook  
Kendall, NY  
585-281-2414

**Gathering**

Basket Factory  
Middleport, NY  
1st Sunday @ 10:00 am

**Chapter K**<http://www.chapter-k.com/>**Chapter Directors**

Richie & Claire Aylward  
Huntington Station NY  
516-449-8299

**Assistant Chapter Directors**

Bob Turner  
East Northport, NY  
631-368-8982

**Gathering**

Hauppauge Palace Diner  
Corner of Rt 111 & Rt 347 bypass  
Hauppauge, NY  
2nd Tuesday,  
Dinner @ 7:00 pm  
Meeting @ 8:00 pm

**Chapter L****Chapter Directors**

Douglas & Linda Eighmey  
West Hurley, NY  
845-679-7423

**Assistant Chapter Directors**

Deborah & Fred Stein  
Catskill, NY  
518-945-2716

**Gathering**

Koch's Restaurant  
969 Main St  
Leeds, NY  
2nd Friday  
Dinner @ 6:00 pm  
Meeting @ 7:15 pm

**Chapter N**<http://www.gwrri-ny-n.org/>**Chapter Directors**

Steve & Katy Nutting  
Saratoga Springs, NY  
518-587-1076

**Assistant Chapter Directors**

Ken & Donna Granger  
Greenwich, NY  
518-692-7525

**Gathering**

Carl R's Cafe / Restaurant  
Corinth Rd. Exit 18  
West Glens Falls NY  
3rd Friday  
Dinner @ 6:15 pm  
Meeting @ 7:30 pm

**Chapter T**[http://www.gwrri-ny-t.org](http://www.gwrri-ny-t.org/)**Chapter Directors**

David & Linda Fletcher  
Stittville, NY  
315-865-4458

**Assistant Chapter Directors****Gathering**

Vienna Hotel  
Rt 46 & Rt 13, Vienna, NY  
4th Thursday @ 7:00 pm

**Chapter U**<http://mysite.verizon.net/imtruble4sure/>**Chapter Directors**

Cliff & Nancy Schaal  
Salamanca, NY  
716-354-2045

**Assistant Chapter Directors**

David & Carolyn Nelson  
Dewittville, NY  
716-753-7286

**Gathering**

Belle-View East  
7 E. Main St, Falconer, NY  
1st Sunday  
Lunch @ 2:00 pm  
Meeting @ 3:00 pm

**Chapter W**<http://www.gwr-ra-nyw.org/>**Chapter Directors**

Greg & Dee Eames  
Pittsford, NY  
585-334-7609

**Assistant Chapter Directors**

Larry Helber  
Webster, NY  
585-737-6914

**Gathering**

Elm Grove Family Restaurant  
730 Elmgrove Rd  
Rochester, NY  
3rd Thursday  
Dinner @ 6:00 pm  
Meeting @ 7:00 pm

**Chapter X**<http://hudsonvalleywings.org/>**Chapter Directors**

Paul & Sheryl Breau  
Newburgh, NY  
845-562-8327

**Assistant Chapter Directors**

Alex & Natalie Borrero  
Newburgh, NY  
646-752-1761

**Gathering**

Gateway Diner  
1292 Rt-300  
Newburgh, NY  
3rd Sunday  
3:00 pm

**Chapter Y**<http://gwrranewyorkchaptershutterfly.com/>**Chapter Directors**

Andy Pofahl  
Kirkwood, NY  
607-725-4545

**Assistant Chapter Directors**

David & Michelle Perry  
Chenango Forks, NY  
607-765-7744

**Gathering**

Old Mill Restaurant  
Water Street,  
Greene, NY  
1st Tuesday @ 6 pm